

# ADULT TENNIS DRILLS

WINTER 2025-2026



NEVER MORE THAN 6:1 PRO RATIO.  
GREAT-SIZED CLASSES!



40°  
And Dry,  
We're On!



## 2.0 INSTRUCTIONAL CLASSES

Thursday.....11:45am - 1:15pm  
Saturday.....11:45am - 1:15pm  
Sunday.....2:45pm - 4:15pm

## 3.5/4.0 DRILL CLASSES

Tuesday.....2:45pm - 4:15pm  
Wednesday.....1:15pm - 2:45pm  
Thursday.....1:15pm - 2:45pm  
Friday (One & Done).....11:45am - 1:15pm  
Saturday.....1:15pm - 2:45pm

## 2.5/3.0 INSTRUCTIONAL CLASSES

Monday.....1:15pm - 2:45pm  
Wednesday.....11:45am - 1:15pm  
Thursday.....2:45pm - 4:15pm  
Friday (One & Done).....11:45am - 1:15pm  
Saturday.....1:15pm - 2:45pm

## 4.0/4.5 DRILL CLASSES

Monday.....2:45pm - 4:15pm  
Tuesday.....11:45am - 1:15pm  
Friday (One & Done).....1:15pm - 2:45pm  
Saturday.....11:45am - 1:15pm  
Sunday.....1:15pm - 2:45pm

## 3.0/3.5 DRILL CLASSES

Monday.....11:45am - 1:15pm  
Tuesday.....1:15pm - 2:45pm  
Wednesday.....2:45pm - 4:15pm  
Friday (One & Done).....2:45pm - 4:15pm  
Saturday.....2:45pm - 4:15pm  
Sunday.....11:45am - 1:15pm

## SESSION COST:

4-Week Session (1.5 hr) Non Prime Time.....\$139/session  
4-Week Session (1.5 hr) \*Prime Time.....\$149/session

\*\*5-Week Session (1.5 hr) Non Prime Time.....\$173.75/session  
\*\*5-Week Session (1.5 hr) \*Prime Time.....\$186.25/session

\*Prime Time is considered all day Saturdays

\*\*A 5-week session only applies if your specific day of the week happens to have 5-weeks in a specific month

- You will be registered for class upon payment.
- If classes are cancelled due to weather, your Gates Tennis Center account will be credited the amount of the class to be used for future purchases at Gates Tennis Center. Must be 40 degrees and dry for class to run.
- Classes missed on your own account will not be made up.
- Sorry, no refunds within one week of class start date.
- 5 week session prices will be adjusted accordingly.

## 2025/26 SESSION DATES

**DEC SESSION:** Dec 1st - Dec 31st; sign up Nov 10th at 10am

**JAN SESSION:** Jan 1st - Jan 31st; sign up Dec 10th at 10am

**FEB SESSION:** Feb 1st - Feb 29th; sign up Jan 10th at 10am



303.355.4461

frontdesk@gatetestenniscenter.info  
gatetestenniscenter.info

# DESCRIPTION OF CLASSES, TYPES OF CLASSES, & THE FINE PRINT

## The Fine Print:

- You will be registered for class upon payment.
- If classes are cancelled due to rain, your Gates Tennis Center account will be credited the amount of the class to be used for future purchases at Gates Tennis Center.
- Unfortunately, classes missed on your own account will not be made up.
- Sorry, no refunds within one week of class start date.
- 5 week session prices will be adjusted accordingly.

## Types of Classes:

**Instructional Classes** – Learn great mechanics and effective strategies for each appropriate level. Classes are taught at a pace beneficial for learning. Expect lots of feedback from your Gates Pro!

**Drills** – The drills are fast-paced providing the opportunity to get lots of reps to groove your strokes. Keep your ears open for an occasional shout of instruction as the drills will keep moving. We call it “instruction on the go”! Expect a great workout and lots of fun competition.

## Description of Classes:

**2.0 - Beginner:** This student has played very little tennis before. The class will cover the fundamentals of tennis and basic stroke mechanics. Upon completion of this class, student will be able to maintain a rally of a slow pace.

**2.5-3.0 - Advanced Beginner:** This student has had some playing experience and has some knowledge of positions and strategies for singles and doubles. Among other topics, this class will cover how to hit topspin ground strokes and proper mechanics for effective volleys and serves.

**3.0-3.5 - Intermediate:** This student is able to rally from the back court while demonstrating relatively good stroke mechanics. This class will cover more advanced techniques and strategies of the four basic strokes (backhand, forehand, volley, serve) and introduce other advanced skills such as the approach shot and lob.

**3.5-4.0 - Advanced Intermediate:** This student can sustain a rally of good pace and has an overall knowledge of the game. This class will strengthen the four basic strokes and also cover the advanced shot making skills (drop shot, overhead smash, approach shot, strategy, etc.). Through repetition and instruction, this class can be a great tune-up for your game.

**4.0-4.5 - Advanced:** This student has extensive overall knowledge of the game. This player demonstrates power, control and consistency. This drill class will give the participant opportunity to get a great workout while getting lots of stroke repetition. These drills classes are upbeat, friendly-competitive and will emphasize advanced shot-making skills such as approach shots, hitting the ball on the rise, put-away volleys, etc. Come on out and try an upper-level class!

**"Semi-Private" Drill/Lesson:** Organize your own group of 2 or more people for lessons with your favorite pro at your convenience. Please contact the front desk or one of our tennis professionals for more information.

Check out more at...

**GATESTENNISCENTER.INFO**

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