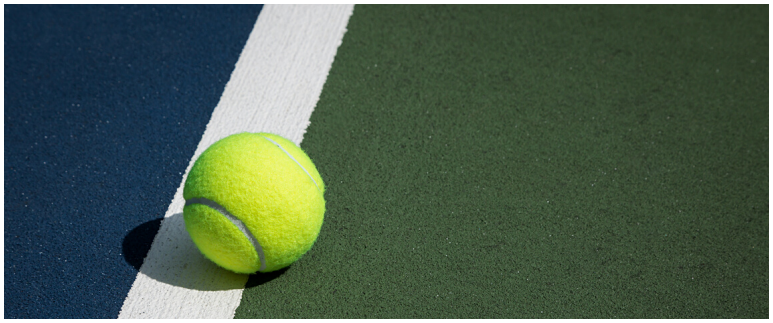
ADULT TENNIS DRILLS 2022

REGISTRATION OPENS ONLINE AT 7am ON THE 10th OF THE MONTH BEFORE EACH SESSION

NEVER MORE THAN 6:1 RATIO PER PRO. GREAT-SIZED CLASSES!

FOUR (4) or FIVE (5) CLASSES IN A ROW!



60-MINUTE INSTRUCTIONAL CLASSES $99/ SESSION

Class Schedule	Day	Time
2.0 (Beginner)	Tuesday	9:30-10:30am
2.0 (Beginner)	Friday	7:00-8:00pm
2.5-3.0 (Adv. Beg)	Wednesday	9:30-10:30 am
2.5-3.0 (Adv. Beg)	Wednesday	7:00-8:00 pm
3.5-4.0 (Adv Inter)	Monday	9:30-10:30 am

90-MINUTE INSTRUCTIONAL CLASSES $135 / SESSION

Class Schedule	Day	Time
2.0 (Beginner)	Monday	5:30-7:00 pm
2.0 (Beginner)	Thursday	10:30-Noon
2.0 (Beginner)	Saturday	10:30-Noon
2.5-3.0 (Adv. Beg)	Monday	10:30-Noon
2.5-3.0 (Adv. Beg)	Tuesday	5:30-7:00 pm
2.5-3.0 (Adv. Beg)	Thursday	5:30-7:00 pm
2.5-3.0 (Adv. Beg)	Friday	10:30-Noon
2.5-3.0 (Adv. Beg)	Saturday	Noon-1:30 pm
3.0-3.5 (Intermediate)	Friday	Noon-1:30 pm
3.5-4.0 (Adv Inter)	Thursday	7:00-8:30 pm

5 WEEK SESSION PRICES ARE ADJUSTED ACCORDINGLY

90-MINUTE SMALL GROUP DRILLS $135 / SESSION

Class Schedule	Day	Time
3.0-3.5 Drill	Wednesday	10:30-Noon
3.0-3.5 Drill	Wednesday	5:30-7:00 pm
3.0-3.5 Drill	Thursday	9:00-10:30 am
3.0-3.5 Drill	Friday	5:30-7:00 pm
3.0-3.5 Drill	Saturday	9:00-10:30 am
3.5-4.0 Drill	Monday	7:00-8:30 pm
3.5-4.0 Drill	Thursday	10:30-Noon
3.5-4.0 Drill	Saturday	10:30-Noon
4.0-4.5 Drill	Monday	5:30-7:00 pm
4.0-4.5 Drill	Tuesday	10:30-Noon
4.0-4.5 Drill	Friday	9:00-10:30 am
4.0-4.5 Drill	Saturday	9:00-10:30 am

2-HOUR DRILL TIMES $100 / SESSION (ONLY $12.50/HR!)

Class Schedule	Day	Time
3.5-4.0 Drill	Tuesday	7:00pm-9:00pm
3.5-4.0 Drill	Wednesday	Noon-2:00pm
4.0-4.5 Drill	Monday	Noon-2:00pm
4.0-4.5 Drill	Wednesday	7:00pm-9:00pm
4.0-4.5 Drill	Thursday	Noon-2:00pm

5 WEEK SESSION PRICES ARE ADJUSTED ACCORDINGLY

APRIL SESSION: Friday, April 1st- Saturday, April 30th
MAY SESSION: Sunday, May 1st- Tuesday, May 31st
JUNE SESSION: Wednesday, June 1st- Thursday, June 30th
JULY SESSION: Friday, July 1st- Sunday, July 31st

AUGUST SESSION: Monday, August 1st- Wednesday, August 31st
SEPTEMBER SESSION: Thursday, Sep 1st- Friday, Sep 30th
OCTOBER SESSION: Sunday, October1st-Monday, October 31st

Check out more at...
GATESTENNISCENTER.INFO

303.355.4461
frontdesk@gatestenniscenter.info

DESCRIPTION OF CLASSES, TYPES OF CLASSES, & THE FINE PRINT

The Fine Print:

- You will be registered for class upon payment.
- If classes are cancelled due to rain, your Gates Tennis Center account will be credited the amount of the class to be used for future purchases at Gates Tennis Center.
- Unfortunately, classes missed on your own account will not be made up.
- Sorry, no refunds within one week of class start date.
- 5 week session prices will be adjusted accordingly.

Types of Classes:

Instructional Classes - Learn great mechanics and effective strategies for each appropriate level. Classes are taught at a pace beneficial for learning. Expect lots of feedback from your Gates Pro!

Drills - The drills are fast-paced providing the opportunity to get lots of reps to groove your strokes. Keep your ears open for an occasional shout of instruction as the drills will keep moving. We call it "instruction on the go"! Expect a great workout and lots of fun competition.

Description of Classes:

2.0 - Beginner: This student has played very little tennis before. The class will cover the fundamentals of tennis and basic stroke mechanics. Upon completion of this class, student will able maintain a rally of a slow pace.

2.5-3.0 - Advanced Beginner: This student has had some playing experience and has some knowledge of positions and strategies for singles and doubles. Among other topics, this class will cover how to hit topspin ground strokes and proper mechanics for effective volleys and serves.

3.0-3.5 - Intermediate: This student is able to rally from the back court while demonstrating relatively good stroke mechanics. This class will cover more advanced techniques and strategies of the four basic strokes (backhand, forehand, volley, serve) and introduce other advanced skills such as the approach shot and lob.

3.5-4.0 - Advanced Intermediate: This student can sustain a rally of good pace and has an overall knowledge of the game. This class will strengthen the four basic strokes and also cover the advanced shot making skills (drop shot, overhead smash, approach shot, strategy, etc.). Through repetition and instruction, this class can be a great tune-up for your game.

4.0-4.5 - Advanced: This student has extensive overall knowledge of the game. This player demonstrates power, control and consistency. This drill class will give the participant opportunity to get a great workout while getting lots of stroke repetition. These drills classes are upbeat, friendly-competitive and will emphasize advanced shot-making skills such as approach shots, hitting the ball on the rise, put-away volleys, etc. Come on out and try an upper-level class!

"Semi-Private" Drill/Lesson: Organize your own group of 2 or more people for lessons with your favorite pro at your convenience. Please contact the front desk or one of our tennis professionals for more information.